



Women's Forum

NARAYANA ENGINEERING COLLEGE :: NELLORE

An Awareness Program on "Teenage health issues for girl students"

1	Name of the Activity/Event	An Awareness Program on "Teenage health issues for girl students"			
2	Date of Activity/Event	19-02-2022			
3	Organized by/Name of the committee	Women's Forum-FED			
4	Place of Activity/event	C-Block Auditorium, NEC, Nellore.			
5	Resource person/guest/organization	Dr.K.Sujatha,Gynecologist,Chennai health corporation			
6	Type of activity/Event	Awareness Program.			
7	Activity/Event objectives	1.To impart Better Health to Girl Child especially 2. To have an awareness on various health issues which are still unknown to young Girls			
8	Participation	Students		Faculty	Total Participation
		Girls	Boys	4	232
		228	Nil		
9	General remarks	<ul style="list-style-type: none">• The Resource person was enthusiastic to share her views• There was a good response to this programme			
10	Suggested Improvements	Similar programs should be conducted in all the departments frequently.			
11	Enclosures	1. Circular 2. Report with photos 3. Attendance Sheet			
12	Signature of Incharge/Convener				



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Report :

Department of Freshmen Engineering organized an awareness program on “**Teenage health issues for girl students** ” under women’s forum on 19th February 2022 at C-Block Auditorium. Women’s Forum incharge Mrs.M.Ayasha Begum introduced the resource person Dr.K.Sujatha ,Gynecologist, Chennai health corporation to the gathering.

On this occasion the resource person Smt Dr.K.Sujatha told that teenage girl students are facing so many health problems because of lack of awareness . There are 10 top health concerns for Girl child.They are Obesity,Alcohol and Drug Abuse,Injuries,Depression and Anxiety,Eating Disorders,Dating violence,Teen pregnancy,Internet and Smart phone risk,Teen tanning,Tatoos and Piercing.She gave tips to overcome these problems.

She also said that Children are expected to cope with hormonal changes, puberty, social and parental forces, and work pressures, and so on. Many teens feel misunderstood. It is vital that their feelings and thoughts are validated and Parents have to find innovative ways to connect with their children and build a relationship to affectively support them during this difficult phase of growing up. All the students present were benefitted from this program and their doubts were clarified.

K.Venkata Bhumisree student of ECE proposed a Vote of thanks and thanked the resource person for spending her valuable time in the college. Finally, the resource person was felicitated with a momento by the HOD Dr.U.Subramanyam , M.Ayasha Begum ,incharge of women’s Forum and lady faculty members.



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PHOTOS



Smt. Dr.K.Sujatha Speaking to the audience





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Audience listening to the speech



Felicitation to resource person

Faculty Incharge

HOD